

NJTL of Trenton

The Ashe Pathway



The NJTL of Trenton Ashe Program was created to provide year-round opportunities for players who show commitment and dedication to an opportunity for challenge and growth in both tennis and academics. The program offers a long-term supportive environment and structured pathway to opportunities for students in grades 6 to 12. The goal is to challenge and develop successful students academically in their preparation for higher learning and in their reaching their individual highest skill level both on and off the tennis court. When joining the Ashe Program you are making a commitment to both the NJTL of Trenton academic enrichment programs in addition to the tennis program.



Future Stars 1

This is an introduction to tennis for new tennis players. Each student will be provided a solid foundation to be able to develop and grow as a tennis player.

Future Stars 2

Students in this group are able to rally and understand the tennis basics. During this class students will develop strong technical skills (forehand, backhand and serves) and be introduced to basic tactics/strategies. At the end of the year students in this group will represent NJTL of Trenton in the US Open Net Generation Experience and in-house Junior Team Tennis.

Intermediate

Students are taught basic strokes, tactical skills, tennis rules, regulations and court etiquette. Players in this group will be strongly encouraged to play in-house match play.

High School

Players in the High School group (*grades 7-12*) are taught tennis rules, regulations, and court etiquette. Coaches will teach basic strokes such as forehand, backhand, serve and volley as well as tactical skills. Players are encouraged to tryout for their Middle School or High School tennis team.

Advanced

Prepare players for Junior Team Tennis league play, USTA tournaments and school tennis. Coaches will increase knowledge of tennis rules and on court etiquette. Weekly technical and tactical development will be taught by dedicated coaches. Players in this group are encouraged to play in USTA team tennis and NJTL of Trenton USTA tournaments. NJTL will recruit players in this group to represent the organization of Junior Team Tennis Leagues.

Elite

Improve tactical and technical skills needed to continue to compete at the USTA Junior Team Tennis National and Sectional levels. Players in this group will be selected to participate in USTA National events.



www.NJTLofTrenton.org
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