



2024-25 ASHE TENNIS PROGRAM

Grades 6 to 12



The NJTL of Trenton Ashe Program was created to provide year-round opportunities for players who show commitment and dedication to an opportunity for challenge and growth in both tennis and academics. The program offers a long-term supportive environment and structured pathway to opportunities for students in grades 6 to 12. The goal is to challenge and develop successful students academically in their preparation for higher learning and in their reaching their individual highest skill level both on and off the tennis court. When joining the Ashe Program you are making a commitment to both the NJTL of Trenton academic enrichment programs in addition to the tennis program.

Intermediate

Prerequisites:

- Beginner/New to tennis

Goal: To teach basic strokes and tactical skills. Students are taught tennis rules, regulations and court etiquette. Players in this group will be strongly encouraged to play in-house match play.

High School

Players in the High School Group (*grades 7-12*) are taught tennis rules, regulations, and court etiquette. Coaches will teach basic strokes such as forehand, backhand, serve and volley as well as tactical skills. Players are encouraged to tryout for their Middle School or High School tennis team.

Advanced

Prerequisites (*one of the following*)

- Member of High School or Middle School Team (*doubles positions*)
- Played in (1) USTA Tournament

Goal: Prepare players for Junior Team Tennis league play, USTA tournaments and school tennis. Coaches will increase knowledge of tennis rules and on court etiquette. Weekly technical and tactical development will be taught by dedicated coaches. Players in this group are encouraged to play in USTA team tennis and NJTL of Trenton USTA tournaments. NJTLT will recruit players in this group to represent the organization of Junior Team Tennis Leagues.

Elite

Prerequisites (*one of the following*)

- Member of High School or Middle School Team (*singles positions*)
- Participated in USTA Junior Team Tennis League
- Played in (3) USTA Tournament

Goal: Improve tactical and technical skills needed to continue to compete at the USTA Junior Team Tennis National and Sectional levels. Players in this group will be selected to participate in USTA National events.

Important Program Dates

WINTER: Nov. 4 to March 29, 2025

SPRING: April 7 to June 13, 2025

SUMMER: June 23 to August 21, 2025

FALL: Sept. 2 to Oct. 25, 2025

Each member will be required the following:

- Attending and participating in three (3) academic enrichment programs
- Attending three (3) tennis practices per month
- Maintain at least 2.5 GPA (6th-12th graders)
- 16 volunteer hours between Nov-May

Practice Locations:

Outdoor:

- Cadwalader Park, 1000 W. State St., Trenton, NJ
- Villa Park, 965 Lyndale Ave., Trenton, NJ
- Maintain at least 2.5 GPA (6th-12th graders)
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Indoor:

- Mercer County Tennis Center, 1638 Old Trenton Rd., West Windsor, NJ
- Bucks County Racquet Club, 1150 Lord Sterling Rd., Washington Cr., PA



Both parent and student agree to the below terms and conditions in order to remain eligible to participate in the Ashe Program.

AS A PARENT I WILL:

- Make sure my child arrives on time and attends at least three (3) Ashe practices per month.
- Show respect and support for my child, the tennis instructors, and the NJTLT program.
- Support the instructional plan that has been designed for my child to improve his/her tennis skills.
- Encourage my child to practice his/her tennis skills between scheduled Ashe practices.
- Talk with my child regularly about his/her tennis and academic activities.
- Attend quarterly parent meetings.
- Assist my child in attending his/her required enrichment program events.
- Assist my child with completing his/her required volunteer hours.
- Volunteer for at least one (1) NJTLT tournament or special event (*as described below).



VOLUNTEER HOURS

We believe that students of NJTL of Trenton should be leaders and role models within the greater Trenton community so that the next generation of student athletes have someone to look up to and strive to reach similar success both on and off court. During the season, NJTL of Trenton students are required to provide 16 volunteer hours.

***VOLUNTEER HOURS OBTAINED VIA:**

- Assist Coaches with Outreach Programs
- Assist Coaches with 10 & Under Ashe student practices
- Special events: Gala, Capital Cup, Short Court Championships, etc.

Hours volunteered must be documented. NJTL of Trenton will provide a volunteer sheet to be completed. This sheet must be signed and dated by an NJTL of Trenton coach.

Registration

Ashe Enrichment Programs:

Check off which program you'd be interested in:

- Rider College Access Program
- Princeton Mentoring Program
- Lawrenceville LEAP Program
- Bloomberg Coding Program

Tennis Activities

Check off which program you'd be interested in:

- USTA Junior Team Tennis
- USTA Tournaments
- UTR (Universal Tennis Rating) Tournaments

Student Name: _____

Parent/Guardian Signature: _____ Date: _____

Student Date of Birth: _____ Age: _____ Grade: _____ Gender: _____

Address: _____ City: _____ State: _____ Zip: _____

Race/Ethnicity (Optional): _____ Emergency Contact Name: _____

Relationship to Participant: _____

Email: _____ Phone: _____

Student Hobbies/Interests: _____ Year Joined: _____

Career Aspirations: _____ Role Model: _____

Does student have interest in playing collegiate tennis? Yes No

If yes, contact Chris Liverman and schedule a meeting to discuss your academic and athletic plans.

Parent/Legal Guardian(s): Are you interested in volunteering? Yes No Maybe

For more information contact: Brielle Gist at bgist@njtloftrenton.org or (609) 341-1698 Ext. 2

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